

Basic Police Cycling Course

Hosted by the University of Utah Police Department

April 28th – May 1st 2008

APPLICATION FOR ACCEPTANCE

Name: _____

Department: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Fax: _____

WAIVER OF LIABILITY AND RELEASE

As a condition of being allowed to attend the Basic Police Bike Course, April 28th – May 1st 2008. I understand that participation is on a voluntary basis for all activities. I also understand that mountain biking and cycling in general, are inherently dangerous activities that can and do result in injury, serious physical injury and even loss of life. As a condition of being allowed to attend, I hereby hold the University of Utah Police Department, it's staff, instructors, executive director, executive board, guest lecturers, staff, sponsors, assistants, as well as the Utah Police Academy (POST), Not liable, for claims of injury, loss or damage to personal equipment, or death. I understand that I will abide by all rules, regulations and safety guidelines while participating in training.

Signature: _____ Date: _____

Return completed form and payment to:

Detective Garth Smith

University of Utah P.D.

1735 E. South Campus Dr.

Salt Lake City, UT. 84112

Phone: (801) 244-7180

Course cost is \$60.00 per person make checks payable to UUPD

Basic Police Bike Course

Mandatory Equipment and Materials Checklist

Duty Bicycle

- Reputable manufacturer mountain bike in good working order
- Pedal retention devices (basket or clipless)
- Two water bottles
- Rear mount kickstand

Tools

- Patch kit
- Tire pump or CO₂ and levers
- Two spare tubes
- Bike Multi-tool

Safety Equipment

- Eye protection
- Bicycle helmet (ANSI, Snell or CPSC approved)
- Padded cycling gloves

Attire

- Lycra bike shorts (with padding)
- Long sleeve t-shirts or riding shirts
- Long riding pants for cool weather
- Rain jacket and pants (all classes will be held Rain, Snow or Shine)
- Good riding shoes (actual biking shoes are best for off-road riding)

Duty Equipment (Firearms Range)

- Duty Belt
- 150 rounds ammunition
- Ear plugs (NO EARMUFFS)
- Body armor

Other

- Bike Lock** (cable type w/lock)
- Duct Tape
- 3 – 8 Energy bars (GU, Clif Bar, Power Bar)
- Extra Chain

Optional Equipment

- Hydration delivery system (100oz recommended)
- Sun block
- Bike Degreaser, Bike Chain Lube
- Any parts you are planning on breaking.(check your equipment before the course)